



## **Sclerosing Injection Instructions**

- You should limit your activity for 12-24 hours and you may experience some discomfort following the injection
- Ice the affected area and use Tylenol for pain if needed
- You can continue icing the affected area throughout the week if discomfort continues
- Typically, 7-9 injections are needed on a weekly basis
- If you are experiencing increased pain, redness, and swelling please contact the office