

Post Operative Instructions for Wart Removal

- Go home immediately after the procedure, and stay off your foot as much as possible for a couple days.
- Keep the foot elevated 6-8 inches above your heart.
- The anesthetic will typically wear off in 4 to 8 hours after the surgery, but the foot may remain numb for 10, 12, even as long as 48 hours.
- Assuming that pain medication is needed use either the medication prescribed by your surgeon or two Ibuprofen (Advil, Motrin) approximately 3 hours after the procedure is performed.
- Wart excisions tend to bleed a lot. So, a small amount of bleeding and drainage (roughly 1-2 inches in diameter) oozing into your dressing is normal post-operatively. It should not be actively expanding, though, and it should be pretty much dry by the next day. If significant bleeding occurs, please call the office.
- Do not remove the dressing we've applied until late this evening or tomorrow as instructed by your surgeon. After removing the dressing soak the foot in Betadine solution and lukewarm water (seven capfuls of Betadine to one liter of water) for twenty minutes. You are to soak your foot each day until your first post-operative visit.
- Keep the foot dry until the first dressing change. Following your foot soaks. You will apply topical antibacterial medication and a clean dressing twice a day. Try to keep the dressing clean and dry when showering. After a shower, change your dressing immediately.
- If the foot gets wet accidentally, you may remove the dressing, apply an antibiotic cream or ointment and a sterile dressing.
- Healing time varies, depending upon the size of the wart.

Contact The Office If...

- You notice excessive bleeding
- You develop a fever
- You have any questions