

## POST OPERATIVE AND POSTBIOPSY INSTRUCTIONS

- 1. A dressing has been placed over the operative site. Leave this in place for 24 hours.
- 2. Cleanse the operative site daily with hydrogen peroxide (3%, brown bottle) and apply Polysporin, an over-the-counter antibiotic ointment. Keep covered with a nonstick dressing such as Telfa. A wound moist with antibiotic ointment heals with a better scar than one that is allowed to dry out. Wounds kept moist with an antibiotic ointment also hurt less than wounds that are allowed to dry out.
- 3. If any bleeding is noted, apply pressure to the area for 15 minutes by the clock. If this does not stop the bleeding, call [input office number]. If the office is closed, follow the instructions given on the recording for contacting the on-call physician.
- 4. If you are having problems related to your treatment that cannot wait until your next appointment, call [input office number] and ask to speak to the doctor on call.
- 5. You may take Tylenol for pain as directed on the package. A small amount of pain or discomfort is normal for this procedure.